

# Preparing for a Psychoeducational Assessment

A practical checklist for organising useful evidence before an educational assessment.

## Bring the question, not just the paperwork

- What are you most hoping to understand?
- What decision will the assessment help you make?
- What has already been tried?

## Useful records may include

- Recent school reports
- Relevant prior assessment reports
- Current support plans or accommodations
- Examples of work if they illustrate the concern
- A short timeline of when the difficulty became noticeable

## Ask school for specific observations

- Which tasks are hardest?
- When does the learner perform better?
- How much prompting is needed?
- Does extra time, visual support or reduced memory load change performance?

## Prepare the learner

Explain that the purpose is to understand how learning works for them, not to pass or fail a test. Avoid coaching test items.

## Protect privacy

Send only information that is genuinely relevant and use secure methods where sensitive records are required.

*General educational information only. This guide does not diagnose a child or replace individual professional advice. Avoid sending unnecessary sensitive child information by ordinary email.*